Synopsis

Book Information
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Customer Reviews
Appalachian Trail Guide to Central Virginia is a good general guide which consist of a 4 X 6 inches packable book and three maps in a waterproof bag. The maps are double-sided and give adequate detail of the covered areas. The book starts out with general information which I found fairly basic. Most of this info was of little value to me, but a green hiker might find it useful. The actual meat of the trail descriptions is very good, giving mile by mile directions as to what to expect and where to turn. An interesting feature of this book is the small horizon sketches which show different mountain peaks and valley with their names. I don't think I have every seen this done before, but I can't wait to see if it will actual help me locate and identify the surrounding landscape. This is a series of books so the complete collection (11 books) would weigh down a thru hiker. For the weekend ender or week long hiker, this book and maps should be worth it's weight in his pack.

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